



مركز الوقت للتدريب
Time Training Center

INSPIRING LEADERSHIP COURSE



Introduction

Inspiring Leadership course empowers current and aspiring leaders to develop emotional intelligence, foster positive relationships, and lead transformational change. Through five carefully designed courses, participants will explore mindfulness, coaching techniques, and the principles of Appreciative Inquiry. Leaders will learn to manage stress, inspire others, and implement strategies that create sustainable organizational and personal growth. Ideal for those seeking to enhance their leadership impact in today's dynamic environments.

Learning Objectives

- Apply emotional intelligence to leadership challenges
- Coach others toward sustained personal and professional growth
- Lead positive change using Appreciative Inquiry principles
- Strengthen mindfulness practices to enhance resilience
- Build inclusive, trust-based leadership relationships
- Develop a personal leadership action plan

Course Details

Mode of Training	Classroom or Online
Duration	5 Days

Who Should Attend

- Current and aspiring leaders across industries
- Professionals aiming to develop coaching skills
- Managers seeking to lead organizational change
- HR and L&D professionals supporting leadership development
- Individuals pursuing personal and professional growth

Certificate(s)

Participants who complete a minimum of 80% of the total training hours will receive a **Certificate of Completion** issued by **Time Training Center**. This certificate reflects their active participation and commitment to professional development in the relevant field.



Course Outline

Module 1: Inspiring Leadership through Emotional Intelligence

- Understand emotional intelligence and leadership effectiveness
- Explore Positive and Negative Emotional Attractors
- Build mindful, compassionate leadership relationships

Module 2: Women in Leadership: Inspiring Positive Change

- Examine unique challenges and opportunities for women leaders
- Reflect on behaviors that enhance leadership capabilities
- Develop inclusive leadership strategies

Module 3: Conversations That Inspire: Coaching Learning, Leadership, and Change

- Learn effective coaching techniques for sustained change
- Harness the power of questions to foster growth
- Strengthen inclusive and self-confident leadership

Module 4: Leading Positive Change through Appreciative Inquiry

- Discover the life-giving forces of organizations
- Apply Appreciative Inquiry principles to drive collaboration
- Foster innovation through positive leadership practices

Module 5: Be a Leader, Develop a Leader

- Integrate concepts across the specialization
- Tackle real-world leadership challenges
- Create and implement a personal leadership action plan



Methodology

We employ a comprehensive and applied learning strategy, integrating theory with real-world implementation:

- ❖ **Conceptual Learning:** Expert-led sessions on catalytic theory and engineering principles
- ❖ **Interactive Workshops:** Group exercises, presentations, and technical discussion forums
- ❖ **Case-Based Learning:** Industry-specific examples and troubleshooting scenarios
- ❖ **Technology Integration:** Digital tools, simulations, and catalyst modeling applications
- ❖ **Assessment:** Pre-tests, post-tests, and Competence Validation Exams for Certified courses to ensure knowledge transfer and skills validation

Note: Instructors may adjust the training approach to fit technical requirements or participant engagement levels.

Instructors

Our instructors for this course are seasoned experts in leadership development and organizational behavior. With extensive experience guiding change initiatives across industries, they bring practical insights and actionable strategies into the learning experience. Detailed instructor profiles will be shared upon request.

About Time Training Center

Time Training Center is a leading professional training institute in Abu Dhabi that provides students and professionals with quality education and skill development programs. Time Training Center is accredited by the Abu Dhabi Center for Technical Vocational Education & Training (ACTVET) with a specialization in Computer and Management Training programs and certified by QA QC with ISO 9001:2015.

Operating in Abu Dhabi for over 3 decades, Time Training Center has established brand value as a high-quality Management & Technical Training Center in Abu Dhabi. We have also secured strong loyalty from corporate companies and associations with our holistic and practical teaching approach.

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