



مركز الوقت للتدريب  
Time Training Center

**SUCCESS SECRETS COURSE**



## Introduction

This results-driven course dives into the inner frameworks and daily disciplines that fuel exceptional success across industries. Participants will explore the beliefs, habits, and decision-making patterns of top performers—from entrepreneurs to creative professionals—and learn how to apply these principles to their own lives. Whether you're building a business, leading a team, or pursuing personal mastery, this course will equip you with actionable tools to elevate your mindset, sharpen your focus, and accelerate your path to success.

## Learning Objectives

- Reframe limiting beliefs to support growth
- Develop high-performance habits and routines
- Set aligned, vision-driven personal goals
- Execute consistent, focused, results-oriented actions
- Build strategic relationships and personal influence
- Strengthen mindset and manage internal challenges

## Course Details

Mode of Training	Classroom or Online
Duration	5 Days

## Who Should Attend

- Entrepreneurs and business professionals
- Aspiring and emerging leaders
- Coaches, creatives, and freelancers
- Individuals seeking breakthrough performance

## Certificate(s)

Participants who complete a minimum of 80% of the total training hours will receive a **Certificate of Completion** issued by **Time Training Center**. This certificate reflects their active participation and commitment to professional development in the relevant field.



## Course Outline

### Module 1: The Success Mindset

- Reshape beliefs about success and worth
- Explore fixed vs. growth mindset
- Build grit, emotional intelligence, and resilience

### Module 2: High-Performance Habits

- Explore daily routines of high achievers
- Apply focus techniques like time-blocking and the 80/20 rule
- Learn tools like habit stacking for sustained discipline

### Module 3: Clarity, Vision & Goal Setting

- Define a clear, motivating personal vision
- Set SMART and soul-aligned goals
- Reverse-engineer long-term success

### Module 4: Taking Aligned Action

- Beat procrastination with practical tools
- Focus on impact-driven tasks
- Learn how to handle setbacks like successful people

### Module 5: The Power of Relationships & Influence

- Build strategic networks and find mentors
- Add value and gain visibility
- Improve communication and personal branding

### Module 6: Inner Game & Energy Mastery

- Manage stress and imposter syndrome
- Use mindfulness, visualization, and rehearsal
- Align identity with your success goals



## Methodology

We employ a comprehensive and applied learning strategy, integrating theory with real-world implementation:

- ❖ **Conceptual Learning:** Expert-led sessions on catalytic theory and engineering principles
- ❖ **Interactive Workshops:** Group exercises, presentations, and technical discussion forums
- ❖ **Case-Based Learning:** Industry-specific examples and troubleshooting scenarios
- ❖ **Technology Integration:** Digital tools, simulations, and catalyst modeling applications
- ❖ **Assessment:** Pre-tests, post-tests, and Competence Validation Exams for Certified courses to ensure knowledge transfer and skills validation

***Note: Instructors may adjust the training approach to fit technical requirements or participant engagement levels.***

## Instructors

Our instructors are expert coaches, leadership trainers, and success strategists with backgrounds in business, psychology, and high-performance development. With 10+ years of experience mentoring professionals and entrepreneurs, they bring a blend of science-backed methods and lived success principles. Each trainer is selected for their ability to deliver impactful, motivational training. Detailed trainer profiles will be shared upon request.

## About Time Training Center

Time Training Center is a leading professional training institute in Abu Dhabi that provides students and professionals with quality education and skill development programs. Time Training Center is accredited by the Abu Dhabi Center for Technical Vocational Education & Training (ACTVET) with a specialization in Computer and Management Training programs and certified by QA QC with ISO 9001:2015.

Operating in Abu Dhabi for over 3 decades, Time Training Center has established brand value as a high-quality Management & Technical Training Center in Abu Dhabi. We have also secured strong loyalty from corporate companies and associations with our holistic and practical teaching approach.

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